

## ABSTRACT TITLE

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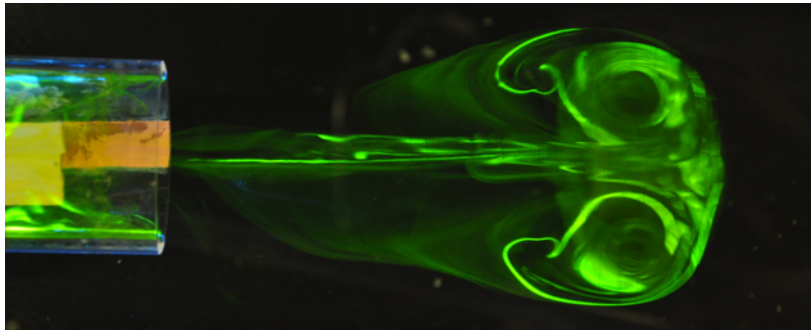


Figure 1: Sample figure provided by Katherine Grayson.

Any references should appear together at the end of the abstract, listed alphabetically by last name of the first author. Cite in the text using commands ([Gargett, 1984](#); [Lilly, 1983](#)) or [Thorpe \(2005\)](#).

### References

Gargett A. E. (1984). Vertical eddy diffusivity in the ocean interior. *Journal of Marine Research* 42(2), 359–393.

Lilly D. K. (1983). Stratified turbulence and the mesoscale variability of the atmosphere. *Journal of Atmospheric Sciences* 40(3), 749–761.

Thorpe S. A. (2005). The turbulent ocean.